

Backpacker's Packing List

KITCHEN GEAR

- Stove and fuel
- Cooking pot(s)
- Dish (bowl)
- Cup
- Spoon or spork
- Scrubbie
- Washcloth / small towel
- Matches
- Garbage bag

SLEEPING GEAR

- Tent (fly, poles, stakes)
- Tent ground cloth (poly)
- Ground pad
- Sleeping bag
- Sleeping bag liner*

CAMPING GEAR

- Headlamp
- Small knife
- Compass
- Water bottle(s)
- Zip-Loc bags (qt)
- Zip-Loc bags (gal)
- Parachute cord (50 ft)
- Bear bag
- Clothespins
- Stove repair kit*
- Camera*

TOILET GEAR

- Toothbrush
- Toothpaste
- Biodegradable soap
- Trowel
- TP
- Hand sanitizer
- Washcloth / pack towel / wipes

DAY CLOTHES

- Underwear
- Socks
- Pants (no jeans)
- S/S or L/S Shirt
- L/S shirt (fleece or flannel)
- Bandanas
- Rain gear
- Hiking boots / shoes
- Mittens or gloves
- Cap*
- Pack
- Pack fly
- Camp shoes / slippers

NIGHT CLOTHES

- Long underwear shirt
- Long underwear pants
- Sweater (wool or fleece)
- Hat (wool or fleece)
- Socks (wool)

FIRST AID GEAR

- Emergency whistle
- Band-aids
- Moleskin
- Safety pins (3 to 4)
- Duct Tape (3-4 ft)
- Analgesics
- Antihistamines
- Prescriptions
- Water purification (tablets / filters)
- Nail clippers
- Tweezers
- Antibiotic ointment
- Anti-diarrheal pills
- Sunscreen
- Deet
- Aloe